



## Monkfield Medical Practice

improving and protecting the wellbeing of Cambourne

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### **NHS Health Checks Professional**

Monkfield Medical Practice (MMP) is a friendly, modern, forward thinking GP surgery providing sustainable healthcare to Cambourne, which continues to grow with our current population being 13,500.

We are looking for a temporary professional for a short term 12 month contract to join our multi-disciplinary team to support the delivery of NHS Health Checks. You will receive full training.

We are looking for an individual committed to supporting the practice deliver NHS health checks to our patients. NHS health checks are a review of our patients overall health and identify if they are at higher risk of getting certain health problems, such as:

- heart disease
- diabetes
- kidney disease
- stroke

During the checks you will measure height and weight & waists, take blood pressure, carry out a cholesterol test, and possibly a blood sugar level test, which is usually a finger-prick blood test. You will also elicit, while aiming to motivate positive change in patients' smoking status, alcohol intake and physical activity.

You will need to have a caring nature with excellent communication skills gained from a customer service / patient focussed role. You will have the ability to work in a team, experience of working with databases and Microsoft packages. You will need to be organised with effective time management skills and ideally have experience of motivational skills.

Ideally 24 hours per week over Monday, Wednesday & Friday paid at £11.44 per hour. Deadline for applications Sunday 10<sup>th</sup> November 24.

*We encourage all our staff to complete the course of COVID vaccinations*

**To apply for this position, please email Hannah Crisford, Practice Manager [h.crisford@nhs.net](mailto:h.crisford@nhs.net)**



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<b>JOB TITLE:</b>	NHS Health Check Officer
<b>LOCATION:</b>	Sackville House, Cambourne
<b>HOURS:</b>	24 per week Mon, Weds, Fri
<b>SALARY:</b>	£11.44 per hour (pay award pending)
<b>CONTRACT:</b>	Temporary 12 months, part time
<b>REPORTING TO:</b>	Practice Manager / Senior Nurse / GP Partner
<b>KEY RELATIONSHIPS:</b>	MMP Staff, MMP Patients

### Job Summary

NHS health checks are a review of our patients overall health and identify if they are at higher risk of getting certain health problems, such as:

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### Job Responsibilities:

Working under the supervision of the GP, Nurse Practitioner and/or Practice Nurse and strictly in accordance with Practice Guidelines and protocols you will assist the Practice Team in the provision and delivery of NHS Health Checks.

- Promote new patient health checks, annual health check, and any Quality and Outcome Framework targets that have not been achieved
- Understanding normal parameters and when to refer to GPs/Nursing team for further management
- Working under the direct supervision of the senior practice nurse
- Work strictly in accordance with specific practice guidelines and protocols
- Assist practice clinical team in the provision and delivery of patient care.



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### Person Specification

<b>Qualifications and Training</b>	<b>Essential</b>	<b>Desirable</b>
Attendance at a local NHS Health Check Course will be provided	<input checked="" type="checkbox"/>	
<b>Skills and Knowledge</b>	<b>Essential</b>	<b>Desirable</b>
Great communication skills	<input checked="" type="checkbox"/>	
Customer Service skills/ Patient focussed	<input checked="" type="checkbox"/>	
Ability to work as part of a team	<input checked="" type="checkbox"/>	
Computer skills	<input checked="" type="checkbox"/>	
Organisational skills	<input checked="" type="checkbox"/>	
Effective time management skills	<input checked="" type="checkbox"/>	
Confident around other Health Professionals	<input checked="" type="checkbox"/>	
Great communication skills	<input checked="" type="checkbox"/>	
Knowledge of IT systems, including ability to use word processing skills, emails and the internet to create simple plans and reports	<input checked="" type="checkbox"/>	
Knowledge of motivational coaching and interview skills		<input checked="" type="checkbox"/>
<b>Experience</b>	<b>Essential</b>	<b>Desirable</b>
Experience of working directly in a customer service / healthcare role, adult health and social care, learning support or public health/health improvement (including unpaid work)	<input checked="" type="checkbox"/>	
Experience working within a GP Practice		<input checked="" type="checkbox"/>
Demonstrates an understanding of Clinical Governance skill		<input checked="" type="checkbox"/>
Health and Safety Awareness		<input checked="" type="checkbox"/>
Basic first aid knowledge		<input checked="" type="checkbox"/>
Basic knowledge about Blood Borne Diseases		<input checked="" type="checkbox"/>

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<b>Personal Attributes and Qualities</b>	<b>Essential</b>	<b>Desirable</b>
Ability to listen, empathise with people and provide person centred support in a non-judgemental way	<input checked="" type="checkbox"/>	
Able to get along with people from all backgrounds and communities, respecting lifestyles and diversity	<input checked="" type="checkbox"/>	
Adaptable to change	<input checked="" type="checkbox"/>	
Commitment to reducing health inequalities and proactively working to reach people in all communities	<input checked="" type="checkbox"/>	
Able to support people in a way that inspires trust and confidence, motivating others to reach their potential	<input checked="" type="checkbox"/>	
Able to communicate effectively, both verbally and in writing, with people, their families, carers, community groups, partner agencies and stakeholders.	<input checked="" type="checkbox"/>	
Ability to identify risk and assess/manage risk when working with individuals	<input checked="" type="checkbox"/>	
Ability to maintain effective working relationships and to promote collaborative practice with all colleagues	<input checked="" type="checkbox"/>	
Demonstrates personal accountability, emotional resilience and works well under pressure	<input checked="" type="checkbox"/>	
Ability to organise, plan and prioritise on own initiative, including when under pressure and meeting deadlines	<input checked="" type="checkbox"/>	
High level of written and oral communication skills	<input checked="" type="checkbox"/>	
Ability to work flexibly within a team or on own initiative	<input checked="" type="checkbox"/>	