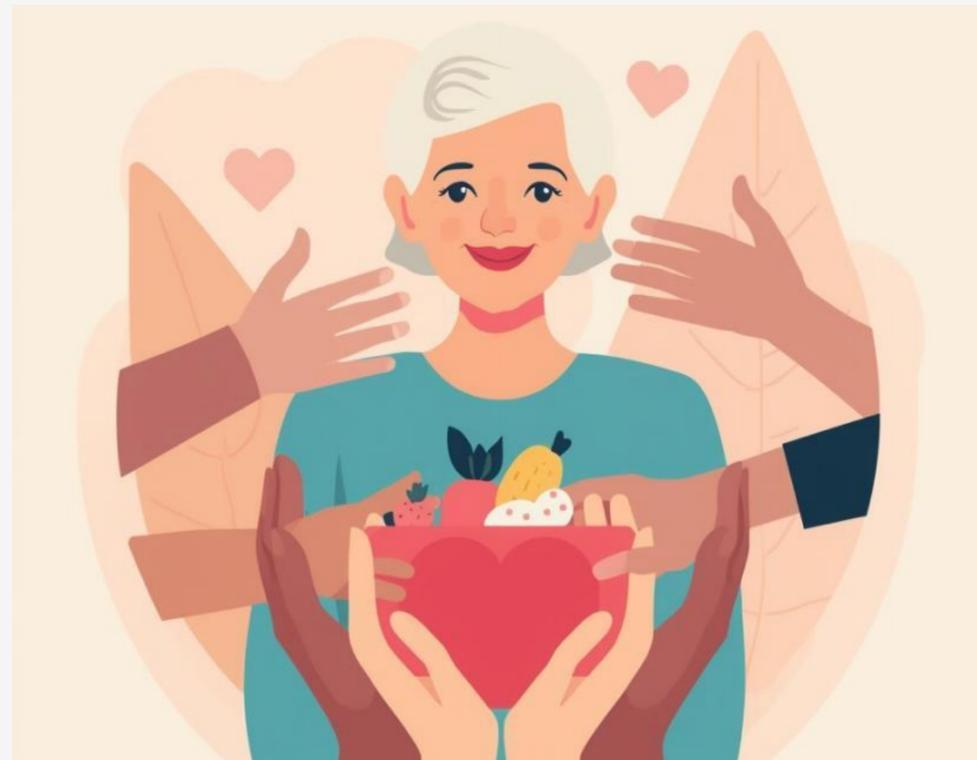


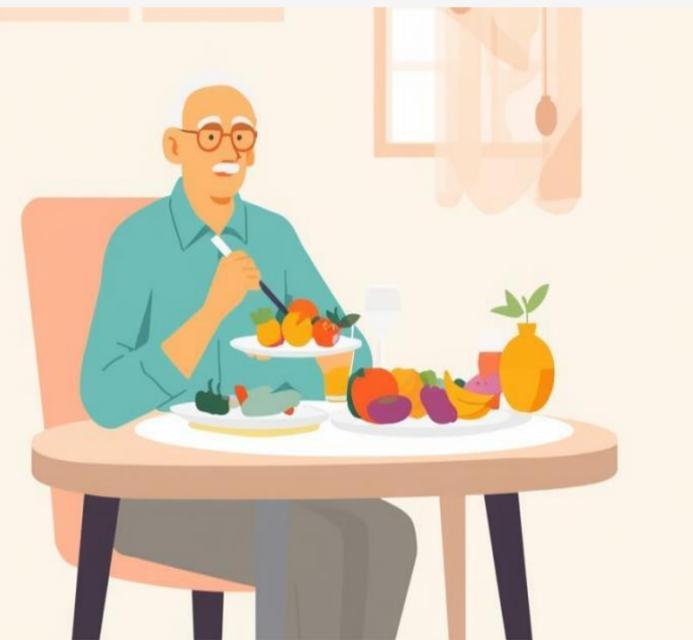
Eat Well, Feel Well, Stay Well

STREAM TRIAL UPDATE



THANK YOU!

Thank you to everyone who participated in the STREAM study. While results showed no significant differences in health measures, STREAM may still benefit specific groups, guiding future care for those in need. Your contribution is invaluable!



What the Study Involved

RECRUITMENT

GP practices across **England and Scotland** recruited participants aged 75 and older to take part in the STREAM Trial study.

CARE PATHWAY

Some practices followed the usual care, while others implemented the **STREAM care pathway** to assess its effectiveness for participants.

FOLLOW-UP

Participants were followed for **18 months**, with higher risk individuals receiving questionnaires and support from nurses during the trial.



What We Found:

STUDY OUTCOMES

Analysis showed **no significant differences** between the groups regarding quality of life, physical functioning, or overall health measures.

STATISTICAL FINDINGS

The results indicated that **no statistically significant differences** were identified between participants in the usual care and STREAM intervention groups.

