



While some people do have visible disabilities, this is not always the case.

Many people have disabilities that can't be seen, such as Autism, Dementia, IBS, Chronic Pain Conditions, Anxiety and Mental Health Conditions and Deafness. As these disabilities are often unnoticed, this can mean that support is not offered when it is needed.

The Hidden Disabilities Sunflower offers a discreet way of identifying people with a hidden disability so help or assistance can be offered without the individual feeling awkward.

The Hidden Disabilities Sunflower lanyard was first launched at Gatwick Airport in May 2016 and has quickly grown into the most widely accepted Hidden Disabilities scheme in the UK.

It has now been adopted by most of the major UK airports, supermarkets, local authorities and railway companies, as well as in the NHS.

The scheme is for everyone, young and old, who may need extra help.

How to obtain your lanyard:

Visit Tesco, Sainsburys or Marks and Spencer's and get one free of charge

If you are flying from a UK airport either call customer services or go to their website and apply for one free of charge

Visit www.hiddendisabilitesstore.com and order lanyards, wrist bands, pin badges and more.